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## *Mamm Phys Tips*

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- I tried to **review my notes everyday** after class, so that when it came time for the exam I wasn't cramming to try and learn the information.
- **If time allowed I tried to start at the beginning of the lecture material and review** up to where we stopped in class that day.
- When Henry **made a point of needing to know something off of a handout, I would make flashcards** so I could easily review that information. I tried to carry those flashcards, both from the handout material and anything within the notes. I was struggling with in backpack so that if I had a spare moment I could review them.
- I personally did not read the book for two main reasons.
  - 1) There is a lot of "extra" information in the book that was very confusing
  - 2) The book is not set-up exactly how Henry goes through the information.
- However, if I was really struggling with a particular area, I would **use the index to look for that subject area** and read that information in the textbook.
- **Always Review the questions that you answer after every lab!** They are helpful to see if you're understanding the information.
- I sometimes **checked the textbook website for textbook quizzes**. I answered the questions that I recognized the content, but if it was something I had never heard of I would skip the question.
- Be sure to go and **look at your old tests**, so that you know the mistakes you made and you don't make them again. A lot of Mamm Phys grows on each other, so that if you have a one particular area messed up, you may mess it up again when the question is asked in a different context.

